



Info Bulletin

First Gathering of the ParlAmericas Parliamentary Network on Security Human Security and Regional Stability: Parliamentary Responses to Challenges in the Americas and the Caribbean

November 27-28, 2025 | Panama City, Panama

[PRELIMINARY AGENDA](#)

[REGISTRATION FORM](#)

Visas and entry requirements:

Each participant must hold a valid passport (valid for at least six months) and is responsible for obtaining any required visas or entry documents as established by the Government of the Republic of Panama. Participants are responsible for confirming with the consular authorities of their respective countries the applicable entry and vaccination requirements for Panama and any other countries where they may have stopovers.

Official Hotels:

Bristol Panama

- **Address:** Aquilino de la Guardia Street, Panama City, Panama
- **Special Rate:** Single room, Deluxe category: **USD \$129 + tax and services** (breakfast included)
- **Check-in:** 15:00 / **Check-out:** 12:00

Reservations must be made through the following link: <https://bit.ly/LinkParlAmericas>.

Reservations for the ParlAmericas group must be made before **November 21**. After this date, they will be subject to the hotel's availability, so we recommend contacting the hotel as soon as possible. A credit card will be required to guarantee your reservation.

If you experience any difficulties making your reservation, please email reservation@bristolpanama.com and copy Mr. Natan Iorcansky at ParlAmericas (natan.iorcansky@parlamericas.org).

Transportation:

Transportation between Tocumen International Airport (PTY) and the official hotel will be organized by ParlAmericas and the National Assembly of Panama. To use this service, please send your flight itinerary no later than Tuesday, November 25, by email to natan.iorcansky@parlamericas.org.

Health Insurance:

Participants are strongly encouraged to obtain international travel health insurance that covers any medical contingencies prior to attending the Gathering. It is recommended that those who take special medications travel with their medicines, prescriptions, and any other relevant medical documents. Participants are also encouraged to verify in advance which medical centers are covered by their insurance policy in order to respond promptly and effectively in the event of any incident. It is likewise advisable to carry an emergency card containing emergency contact information, travel medical insurance information, details regarding any illnesses, allergies, and/or medications being taken, as well as any other relevant information.



ParlAmericas will not be responsible for any financial expenses or other consequences related to the medical care of any participant.

Currency:

The national currency of the Republic of Panama is the balboa, represented by the symbol **B/.** or **PAB**, although the US dollar is also legal tender in the country. Currency exchange is available at most banks and exchange offices located at the airport and major shopping centres.

Electricity:

In Panama, the voltage is 110V or 120V at 60Hz, and plug types A and B are used. Participants bringing devices that operate on a different voltage are advised to bring a voltage converter and the appropriate plug adapter.

Dietary Restrictions:

Kindly inform the ParlAmericas International Secretariat of any dietary restrictions at the time of registration.

Contact at the ParlAmericas International Secretariat:

Natán Iorcansky

natan.iorcansky@parlamericas.org

Cel: +54 9 11 3110 4470