Info-Bulletin

9th Gathering of the ParlAmericas Parliamentary Network on Climate Change and Sustainability

Building Sustainable and Resilient Economies

December 8-9, 2026 | Mexico City, Mexico

PRELIMINARY AGENDA **REGISTER HERE**

Visas:

Each participant must have a valid passport (valid for at least six months) and is responsible for obtaining any required visa or documents to enter Mexico. Participants are responsible for confirming with the consular authorities of their respective countries the applicable entry and vaccination requirements for Mexico and any other country through which they will transit.

Official Hotel:

Emporio Ciudad de México

- **Address:** Av. Paseo de la Reforma 124, Col. Juárez, 06600, Mexico City, CDMX
- **Group Name:** PARLAMERICAS
- **Preferred Group Rate:**Single Room: MXN $2,185.40, including breakfast, plus applicable additional gratuities.
- **Hotel Policy:** Check-in: 3:00 p.m. / Check-out: 12:00 p.m.

To make a reservation, please contact the Reservations Department **before December 1** at +52 55 6677 6766, extensions 2110 and 2111, or by email at mexico.reservaciones@hotelesemporio.com and mexico.gerentereserv@hotelesemporio.com, copying natan.iorcansky@parlamericas.org.

Reservations are subject to hotel availability; therefore, we recommend contacting the hotel as early as possible. Please note that a credit card is required to guarantee your reservation. Should you require any assistance, please contact Mr. Natan Iorcansky via WhatsApp at +54 9 11 3110 4470 or by email at natan.iorcansky@parlamericas.org.

Transportation:

Transportation between the airport and the official hotels will be provided through a third-party transportation service, with costs covered by the Chamber of Deputies of Mexico. Should you wish to use this service, please send your flight itinerary by **Tuesday, December 1st** by email to natan.iorcansky@parlamericas.org. However, if your Embassy will be arranging your airport reception and transportation, we kindly ask you to let us know in advance to avoid incurring unnecessary expenses.

Altitude:

Mexico City is located at more than 2,200 meters above sea level. You may experience fatigue, headache, or mild shortness of breath during the first few days. It is recommended to stay well hydrated, avoid intense physical activity upon arrival, and get plenty of rest. Altitude, for some people, can seriously affect their heart rate.

Individuals with pre-existing medical conditions, especially heart-related, should consult with a physician prior to travel in high-altitude locations.

Health Insurance:

Participants are advised to have international travel health insurance that covers any medical eventuality during their participation in the Gathering. Those taking special medications are advised to travel with their medications, prescriptions, and relevant medical documentation. Before traveling, it is recommended to check which medical centers and health services are covered by your policy in order to act quickly and effectively in case of any eventuality. It is also advisable to carry an emergency card that includes emergency contacts, international travel health insurance details, information about illnesses and allergies, a list of medications being used, and any other relevant information.

ParlAmericas is not responsible for any financial expenses or other consequences related to the medical care of any participant.

Currency:
The national currency of Mexico is the Mexican Peso and is represented by MXN. Foreign currency exchange can be done at most banks and exchange offices located at the airport and in most shopping malls. The official exchange rate is approximately $18.59 MXN per $1 USD (US dollar).

Electricity:
The electricity supply in Mexico is 127 volts, 60 Hertz of alternating current. The plugs and sockets are type A and type B. If you have any electronic equipment that operates on a different voltage, you will need to bring the corresponding adapter.

Yellow Fever Vaccine:
It is recommended to verify with the health authorities of your country whether you require the yellow fever vaccine for travel to or from Mexico, or to any country in transit.

Food Restrictions:
We kindly ask that any food restriction be communicated to the ParlAmericas International Secretariat upon registration.

Contact at the International Secretariat of ParlAmericas:
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